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# GOLDEN CREST

• BULLETIN •

September • 2017

Issue 7  
41st Year

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# Golden Crest Mobile Home Park Recreation Governing Board - 2017 - 2018

800 Main Street • Dunedin, Florida 34698

Golden Crest Mobile Home Park  
Recreation Governing Board - 2016 – 2017  
800 Main Street, Dunedin, Florida, 34698

President.....TBA  
Vice-President.....Susan Grannell  
Secretary.....Rhoda Frampton  
Treasurer.....Jane Anne McCabe  
Members:.....Judy Squires  
.....Marquis Guimond

# Golden Crest Chairpersons - 2017 - 2018

Bingo Coordinator.....Betsy Stevens & Crew  
Bulletin Board (Inside).....Carol Aldrow  
Clubhouse Outdoor Sign....Leroy Valleau  
Fun & Picnic Day.....Rec. Board  
Fun Shuffleboard.....Larry Peterson  
Golden Crest Fun  
Games/Picnic.....Art & Jean Taylor & Crew  
Hall Decorations(as required)Leroy Valleau  
Halloween.....Leroy Valleau  
Library.....George Bodie

New Year's Eve.....Rec. Board  
News Bulletin.....Val & Bob Pippy  
News Bulletin Distribution Peter & Donna Brotherhood  
November 11th.....Rec. Board  
(alternate with Golden Acres)  
Pancake Breakfast.....Larry Peterson & Crew  
Rummage Sale.....Carole Seely  
.....Eloise Blanchard  
Water Aerobics.....Rosella LeBlanc

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## Eddie ( Ed ) Kurth Memorial:

Written By: Lo-Ann Beckerson

One of Golden Crest's favorite sons has died. Our dear friend Eddie Kurth died on Monday, August 7 at his beloved summer home on Lake Huron. And he was doing what he loved most – with Carol and friends, playing a game of cards and strumming his guitar.

Eddie and Carol have been winter residents of Golden Crest for over 15 years and during that time we have enjoyed their contributions to the park – Carol with her love of sewing and crafts, and Eddie with his ability to “make things happen”.

Eddie has been responsible for so many events and happenings in the park. Known as our resident DJ, Eddie has emceed New Year's Eve, Valentine's Day and St. Patrick's Day festivities for many years. He was a founding member of Hum and Strum which invites anyone to bring their favorites, be it instrumental or vocal and hear it played or sung with such fun.

And fun was what Eddie was all about. The past couple of years he was the president of the Recreation Board, the hub of fun for our residents at Golden Crest. He would say “I want people up dancing”. When asked if he ever danced, he would say “no, I was busy spinning the discs”.

So keep spinning those discs, dear Eddie, keep spreading the fun, and try to find time to dance.



**A Complete Listing of Resident Services  
can be found on the page before your calendar**

# Golden Crest Mobile Home Park Recreation Board Calendar of Events for 2017 – 2018

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<u>MONTH</u>	<u>DATE</u>	<u>TIME</u>	<u>EVENT</u>
April 2017	to October 2017		No Activities Currently Planned
Nov 2017	Sat 11	10:30 – 11:00	Veterans Day at Golden Acres - Baking by Golden Crest
Dec 2017	Sat 02	8:30 – 9:30	Pancake breakfast
	Mon 04	1:00	Recreation Board meeting
	Thurs 14	6:00	Covered dish and Christmas caroling
	Sun 24	1:00	Luminaires set up at shed by clubhouse
	Sun 31	8:30	New Year's Eve- Cruising with Eddie. Rec. Bd. hosting
Jan 2018	Tues. 02	1:00	Recreation Board meeting
	Sat 06	8:30 – 9:30	Pancake breakfast
	Sun 07	2:00	Homeowner's Board election
	Fri 12	11:00 - noon	Pre-screening of rummage sale items RESIDENTS ONLY
	Sat 13	8:00 – 1:00	Rummage sale and bake sale
	Thurs 18	10:00	Penny auction – after coffee hour
	Thurs 18	6:00	Western chili & dance - Rec Bd hosting
	Feb. 2018	Sat 03	7:00
	Mon 05	1:00	Recreation Board meeting
	Thurs 08	6:00	Valentine's covered dish & dance – Bandstand
	Sat 10	8:30 – 9:30	Pancake breakfast
Mar 2018	Sat 03	8:30 – 9:30	Pancake breakfast (final for fiscal year)
	Sat 03	6:00	Senior Prom - Ron and Classics
	Mon 05	1:00	Recreation Board meeting
	Thurs 15	10:00	Recreation Board election – after coffee
	Thurs 15	6:00	St. Patrick's Day covered dish
	Sat 24	10:00	Fun Day & Volunteer Appreciation Luncheon
	Mon 26	1:00	Recreation Board meeting (final for fiscal year)

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# Golden Crest Birthdays for September 2017

1	Eleanor Denslow	374	16	Lee Riesberg	457
3	Bob O'Brien	461	17	Ruth Pettifer	408
7	Evelyn Corbin	465	18	Lloyd McCabe	358
8	Elaine Youmans	389	20	Jenny Stephens	381
8	Gary Rellinger	466	23	Joseph Parlato	319
10	Herb Hendricks	400	23	Caroline Dakin	422
10	Linda Loranger	430	23	Jessie Martin	422
12	Everett Youmans	389	28	Regis LeBlanc	363
14	Larry Peterson	413	28	Barry Akins	410
14	Carol Kurth	340	30	Louis Bogue	314
15	Dominic Corio	378			





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## Golden Crest Anniversaries for September 2017:

1	Bill & Pamela Lewis	360
8	Dennis & Vickie MacDonald	452
11	Wally & Patsy Waldrop	348
14	Arthur & Jean Taylor	397
25	Bert Fitzgerald & Rhoda Frampton	407
25	Gary & Donna Mason	301
27	Joe & Roslyn Carlo	362
28	A. Kyle & Pauline Foster	317



## September Sudoku

		8	3		1			6
7	4		8				1	
1				9		2	5	
6						5		
	8			1		9		
3		2	4	8		7		1
	3			2	7			
		9	6		8		3	2
	1	6			5		4	



2	1	6	9	3	5	8	4	7
5	7	9	6	4	8	1	3	2
8	3	4	1	2	7	6	9	5
3	6	2	4	8	9	7	6	1
4	8	7	6	1	6	9	2	3
6	9	1	2	7	3	5	8	4
1	6	3	7	9	4	2	5	8
7	4	5	8	6	2	3	1	9
9	2	8	3	5	1	4	7	6

## Chocolate may be good for your heart

In case you're looking for an excuse to eat some chocolate, consider this: It may reduce your risk of irregular heartbeat.

An analysis of some 55,000 adults from Denmark found that eating 2-6 ounces of chocolate a week was associated with a 20 percent decreased risk of atrial fibrillation, or A-fib, otherwise known as an irregular heartbeat. A-fib can compromise blood flow in the upper chambers of the heart—the atria. People with A-fib are five times more likely to suffer a stroke, according to the American Heart Association, and have twice the risk of a heart-related death.



Moderate consumption of chocolate, especially dark chocolate, appears to reduce that risk, although binging on larger amounts can obviously lead to weight gain and associated problems.

## Carbon monoxide safety tips for your home

Carbon monoxide (CO) is a colorless and nearly odorless gas that's created by the incomplete burning of solid, liquid, and gaseous fuels. Appliances that burn LP gas (liquefied petroleum), oil, coal, kerosene, coal or wood may produce carbon monoxide. Carbon monoxide is also poisonous to animals and people. Symptoms of its effects include:

- Headache
- Fatigue
- Shortness of breath
- Nausea
- Dizziness

To prevent CO poisoning, take these precautions:

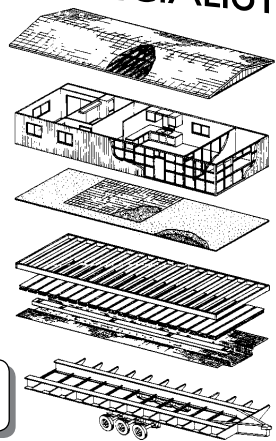
- Buy and install a CO alarm. Make sure it is listed with Underwriters Laboratories or that there is information on the package that indicates that it meets the requirements of IAS 6-96 standards. Follow the directions for placement and installation.
- Install appliances properly. Most of them should be installed by a professional.
- Practice good maintenance. Have your heating system (furnaces, flues, and chimneys) inspected and serviced by a professional every year.
- Burn charcoal outdoors only. Never burn it in a tent, home, garage, vehicle, etc. Don't use portable fuel-burning camping equipment indoors or inside tents, etc.
- Make sure you turn off fuel-burning engine equipment when you are inside a garage or basement. Just having the doors open does not ensure your safety.



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## Did you know that September is also...

**Blood Cancer Awareness Month.** Lymphoma is a type of blood cancer that occurs when lymphocytes—white blood cells that help protect the body from infection and disease—begin behaving abnormally. Lymphoma may develop in many parts of the body, including the lymph nodes, spleen, bone marrow, blood or other organs. This year’s theme for Blood Cancer Awareness Month is “Light it Red for Lymphoma.”



**National Child Awareness Month.** During National Child Awareness Month, a wide array of organizations set aside their individual agendas to focus on the bigger picture of children in America today and what can be done to address their growing challenges and needs tomorrow.

**National Cholesterol Education Month.** National Cholesterol Education Month is a good time to get your blood cholesterol checked and take steps to lower it if it’s high. It’s also a good time to learn about lipid profiles and food and lifestyle choices that will help you reach your personal cholesterol goals.

**National Piano Month.** A good month to sign up for piano lessons. Although invented around the year 1700, the piano took several decades to become a favorite of composers and performers alike. In the 19th century the instrument grew larger and more powerful. At the same time, the instrument became the primary source of home entertainment, and learning to play the piano became an important part of childhood education.

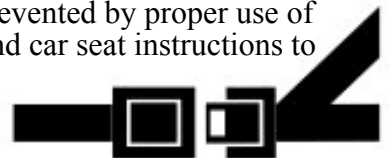


**Substitute Teacher Appreciation Week, Sept. 3-9.** Five days dedicated to the hundreds of thousands of education professionals who fill in at the schools every day across the United States. This nationwide event is recognized by the U.S. House of Representatives, schools, and school districts around the country.



**National Suicide Prevention Week, Sept. 10-16.** High schools, colleges, and universities can create their own activities for National Suicide Prevention Week. These locations are ideal to promote public awareness of the goals of suicide prevention, educate the public about the prevalence of suicide, and involve young adults in prevention activities.

**Child Passenger Safety Week, Sept. 17-23.** Car crashes are a leading cause of death for children up to 13 years old. Many deaths and injuries can be prevented by proper use of car seats, boosters, and seat belts. Getting safety information and car seat instructions to parents and caregivers is crucial to saving young lives.



## Complete dinosaur skeleton is spectacular find

---

Most dinosaur fossils consist of a few bones or teeth, but in 2011 a heavy-equipment operator in Alberta, Canada unearthed something unique—the complete fossilized remains of a newfound type of nodosaur, part of the ankylosaur family, which lived between 100 million and 112 million years old.

As reported on the National Geographic website, the dinosaur is still getting paleontologists excited today. The dinosaur is so well preserved that it “might have been walking around a couple of weeks ago,” says paleobiologist Jakob Vinther, who’s studying the ancient beast at Alberta’s Royal Tyrrell Museum.

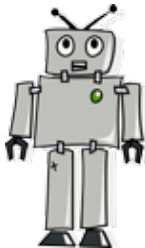


Because of its preservation, the fossil is providing new insights into the structure of nodosaurs’ armor, letting paleontologists see how sheaths of keratin—material also found in human fingernails—exaggerated the armor’s size and shape.

## Robot can grasp complex objects with new hand

---

Most robotic hands are clumsy and have a hard time picking up odd-shaped objects like shoes or spray bottles. But according to the Science News website, roboticists at UC Berkeley have created a robot that can pick up and move awkward objects with a success rate of 99 percent.



The robot, DexNet 2.0, uses a process called deep learning to handle objects. The roboticists created a database of three-dimensional shapes using 6.7 million data points. A neural network learned ways to grasp, lift, and move irregularly shaped objects, and then was hooked up to a robotic arm with a 3D sensor. DexNet 2.0 studies an object placed in front of it and then chooses the right grasp to pick it up and move it.

DexNet 2.0’s success rate could be applied to industry, possibly revolutionizing manufacturing and supply chains.

**The scientist does not study nature because it is useful to do so.  
He studies it because he takes pleasure in it, and he takes pleasure  
in it because it is beautiful.**

**—Henri Poincaré**



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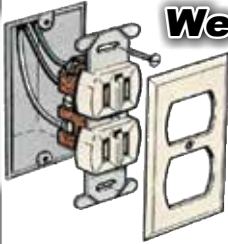
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# SEPTEMBER 2017

Sunday	Monday	Tuesday
OCTOBER 2017		
S 1	M 2	T 3
4	5	6
7	8	9
10	11	12
13	14	15
16	17	18
19	20	21
22	23	24
25	26	27
28	29	30
31		
	3	4
		Labor Day
	10	11
		Grandparent Day
	17	18
	24	25

# Golden Crest

Tuesday	Wednesday	Thursday	Friday	Saturday
			1	2
5	6	7 9:30a Coffee Hour	8	9
12	13	14 9:30a Coffee Hour	15	16
19	20	21 9:30a Coffee Hour	22	23
26	27	28 9:30a Coffee Hour	29	30

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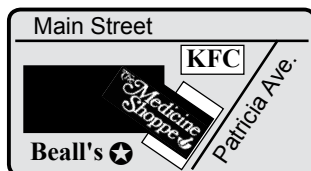
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## What to eat? The choices can be confusing

Americans trying to eat healthy have lots of choices, but all those options can be confusing. The CNN website reports that 78 percent of respondents to a survey by the International Food Information Council Foundation said they're not sure what foods they should eat and which they should avoid.



The survey of slightly more than 1,000 American adults found that almost 60 percent named food that's "high in healthy components or nutrients" as one of their top three factors for choosing a "healthy" food, followed by food that's free from artificial ingredients, preservatives or additives (just more than 50 percent). Choices that are "part of an important food group that I need to build a healthy eating style" rounded out the list of foods health-conscious folks are looking for (nearly 50 percent).

The U.S. Food and Drug Administration considers food that can be marketed as "healthy" as having low levels of total and saturated fat, sodium, and cholesterol, and at least 10 percent of the daily requirements for vitamins, fiber, and other nutrients.

## Millennial women take less vacation than men

Americans workers have a reputation for not taking all the vacation they have coming. Among them, millennial women seem to take the least: Only 44 percent used all their vacation time in 2016, according to a survey reported on the Mic website, compared with 51 percent of their male co-workers.

What's behind the gap? Thirty-seven percent of millennial women said they want to demonstrate full commitment to their jobs, but only 32 percent of men surveyed expressed the same feeling. Moreover, 35 percent of the women said they feel guilty about taking time off, compared with 25 percent of the men.

Overall, 53 percent of the 7,331 millennials surveyed left unused vacation days, with 55 percent of Gen Xers and 52 percent of Baby Boomers forfeiting vacation days.

## Teens: Not glued to social media

Most of us imagine that today's teens do nothing but sit around with their smartphones texting each other, checking social media, posting images to Instagram, and the like. That stereotype, like most, isn't true. An Associated Press-NORC Center for Public Affairs Research survey of teens recently found that 58 percent voluntarily take breaks from social media for various reasons:

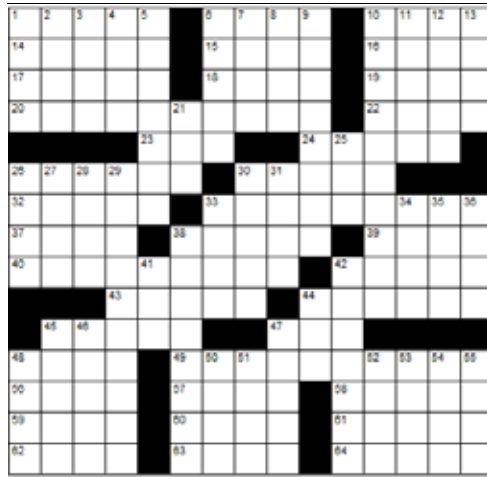
- Getting in the way of work or school: 8 percent
- Tired of conflict and drama: 24 percent
- Tired of keeping up: 20 percent



# SEPTEMBER CROSSWORD

## ACROSS

1. Stubble
6. Q-Tip
10. Russian emperor
14. Kingly
15. Diminish
16. Sharpen
17. Betel palm
18. Smell
19. Female sheep (plural)
20. Walker
22. Pepper \_\_\_\_\_
23. Ancient unit of measure
24. Map within a map
26. Overlooks
30. Master of ceremonies
32. Come to pass
33. Without mirth
37. Lion sound
38. Dining room furniture
39. Sheltered spot
40. Begged
42. Goat antelope
43. Church officer
44. Decrease
45. Little rascal
47. 54 in Roman numerals
48. Iridescent gem
49. Not oriental
56. Sandwich shop
57. Frolic
58. Drizzly
59. L L L L
60. Type of sword
61. Mountain crest
62. Shut
63. Sow
64. Harps



## DOWN

- |                              |                                  |                         |
|------------------------------|----------------------------------|-------------------------|
| 1. Poop                      | 21. "___ the season to be jolly" | 41. Shade tree          |
| 2. Not there                 | 25. Born as                      | 42. Some                |
| 3. Matured                   | 26. Not less                     | 44. Cover               |
| 4. Visage                    | 27. Computer symbol              | 45. Hex                 |
| 5. Blinker                   | 28. Leave in a hurry             | 46. Kind of lily        |
| 6. Avowed                    | 29. A 20th century art movement  | 47. Was fond of         |
| 8. Dwarf buffalo             | 30. Glowing remnant              | 48. Poems               |
| 9. Type of goose             | 31. Gentle                       | 50. Superhero accessory |
| 10. Reflexive form of "them" | 33. Satisfy                      | 51. Algonquian Indian   |
| 11. "Holy cow!"              | 34. Hearing organs               | 52. Not                 |
| 12. Concerning (archaic)     | 35. Blackthorn                   | 53. Layer               |
| 13. A musical pause          | 36. Stitched                     | 54. Kitty (poker)       |
|                              | 38. Polliwogs                    | 55. Caustics            |





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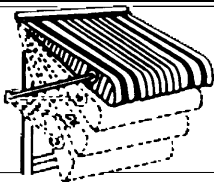
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**B**ecause it was a busy day in heaven, St. Peter was interviewing recent arrivals three at a time. “Now, what would you like the pastor to say at your funeral?”

The first man said, “I want him to say that I was a wonderful father and a loving husband who never, ever cheated on his wife.”

The second man answered, “Have him say that I was the most honest businessman in the world and that I absolutely did not embezzle all that money from my company before I died.”

The third person, a woman, thought for a moment, and then replied, “I want him to say, ‘Call a paramedic! She’s still breathing!’”

## Why did the chicken go to the library?

---

**A** chicken walks into a library, goes up to a librarian and says, “Book, book, book ...”

The librarian gives the chicken a book and the chicken walks away. About ten minutes later the chicken comes back with the book, looking a bit agitated, saying, “Book, book, booooook ...”

The librarian takes the old book back and gives the chicken another one. The chicken walks out the door.

Ten minutes later the chicken comes back again, very agitated, saying, “Book, book, boooooooooook!” The chicken puts the book on the librarian’s desk and looks up, waiting for another book.



The librarian gives the chicken a third book and decides that something weird is happening. He follows the chicken out the door and into the park, all the way to a pond. In the pond is a frog sitting on a lily pad. The chicken gives the book to the frog, who looks at the title and replies, “Reddit, reddit.”

*And we should consider every day lost on which we have not danced at least once. And we should call every truth false which was not accompanied by at least one laugh.*

*—Friedrich Nietzsche*

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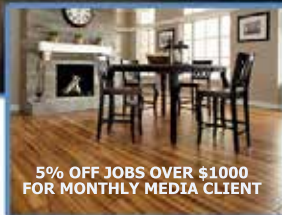
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## Stoke your optimism to stay on top

---

Successful people are optimistic. They're not idiots—they see the challenges, but they don't lose their confidence. Take a look at some of the characteristics of “intelligent optimists” that you can learn:

- Don't deny problems. You can't pretend difficulties don't exist, but you can live with them while looking for ways to change things.

- Accept reality. Though solving problems is vital, recognize what you can't change. Don't get too wrapped up in trying to fix things you can't influence.

- Don't bury negative thoughts. Everyone has them—“This will never work,” or “Am I wasting my time?” Instead of trying to ignore them, accept them as internal messages but remind yourself that you can overcome them.



- Look for solutions. Remember that many problems spring from attempts at solving a different problem. Searching the background can provide clues to resolving the current difficulty.

## Heaven and hell

---

A big, burly samurai came to a Zen master and demanded, “Tell me the nature of heaven and hell.”

The Zen master looked him in the face. “Why should I tell a scruffy, disgusting, miserable slob like you? A worm like you, do you think I should tell you anything?”

Consumed by rage, the samurai drew his sword and raised it to cut off the master's head.

The Zen master said, “That's hell.”

Instantly the samurai understood that he had just created his own hell, black and hot, filled with hatred, self-protection, anger, and resentment. He saw that he was so deep in hell that he was ready to kill someone. Tears filled his eyes as he put his palms together to bow in gratitude for this insight.

The Zen master said, “That's heaven.”

**There is only one thing that makes a dream impossible to achieve: the fear of failure.**

—Paulo Coelho

## Trying to quit smoking? These tactics can help

Quitting cigarettes is hard, as any former smoker can tell you. If you're trying to kick the habit, consider these proven tactics from the CNN website:



- **Financial incentives.** A CVS Caremark program got impressive results: Participants contributed \$150 dollars at the outset with the understanding that they would get the money back plus another \$650 if they refrained from smoking. They also received support like counseling and access to nicotine gum or patches. The program generated a 52.3 percent success rate. (Another CVS program which offered more money but no upfront risk showed poorer results.)

- **Support.** If you and your partner both smoke and want to stop, try quitting together. Studies show that half of smokers are successful if their partners quit when they do, versus only eight percent when the partner doesn't.

- **Nicotine replacement.** Replacing cigarettes with nicotine inhalers, lozenges, skin patches, and other delivery methods can help smokers through their cravings and withdrawal symptoms. A review of studies found that the chances of success increase 50-70 percent using these replacements.

- **Cold turkey.** This requires discipline and commitment, and only about 4-7 percent of people succeed. Still, it can work if you're mentally prepared and ready for withdrawal symptoms. Some tactics: Drink water when cravings start, or occupy your mind with other activities. Take slow, deep breaths, and remind yourself that you're improving your health. Seek support from family and friends.

## Focus on these areas to cut breast cancer risk

Although your risk of breast cancer has a genetic component, some lifestyle choices can influence your chances of a diagnosis, according to the Medline Plus website. Three areas to watch are:

- **Exercise.** For women before menopause, vigorous exercise seems to reduce breast cancer risk. After menopause, moderate activity such as gardening, housework, and a brisk 30-minute walk daily appears to have a positive affect.

- **Weight.** Women who are overweight may have a higher risk of breast cancer after menopause. A five-point increase in your body mass index can increase the risk by 12 percent.

- **Alcohol.** Even moderate alcohol consumption appears to be linked to a greater breast cancer risk, especially if you have a family history of breast cancer. However, keeping weight off and exercising regularly (along with not smoking) seems to cut down the risks associated with an occasional glass of wine.



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### EVENTS & PROGRAMS

HOLIDAY BAZAAR 11/11/17 All indoor craft show. First Lutheran Church, 1644 Nursery Rd., Clearwater. Vendors: 727-744-3806 or eobrien2429@gmail.com

PARADISE ISLAND ANNUAL CRAFT FAIR 11/04/17 1001 Starkey Rd at the CLUBHOUSE, Indoor show 9am-1pm. Handmade items only, Bake Sale, Canteen open for food & beverages. Tables Available. Vendors call 727-553-3616 (Marcia) for info.

Hillcrest Fall Craft Fair October 7th, 9am-1pm. For information contact Pat-NancyCraftFair@gmail.com

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**THOUSANDS** manufactured home residents have won over **\$136,000** since our contest began. It's simple to play ... when you patronize a current advertiser, ask for a Monthly Mania ticket (or a reasonable facsimile) and fill it out completely. Put the ticket in our Monthly Mania drop box in your community or mail your paid receipt to us at **Monthly Media • 220 Bahama St. • Venice, FL 34285**. That's all you do. At the end of the month the Publishers will pick up the tickets and hold a drawing. If your ticket is drawn, we mail you a check.

(Allow 4-6 weeks for mailing of check). **This month's cash winners are:**

Mary Cook .....	\$100	Modern Pest Control, Inc.	Ruth Osborne .....	\$5	Enos Plumbing & Services, Inc.
Caroline Bosland .....	\$10	Florida Anchor & Barrier - Flooring	Cynthia Thomas .....	\$5	Natures Resource Pest Control, Inc.
Glenn Russell .....	\$10	1st Class Handy Man Service	Bob Sharp .....	\$5	Battleline Termite & Pest Control
Maxine McCommis ....	\$10	Royal Enterprises	Joyce Eickenberg .....	\$5	Bob's Mobile Home Washing
Nancy Schlaff .....	\$10	Recreational Golf Carts, LLC	Joan Henderson .....	\$5	Debbie's Salon
Lois Morgan .....	\$10	Hellers Mobile Home Washing	Dean Schirm .....	\$5	Royal Enterprises
Patricia Schmitz .....	\$10	Modern AC & Appliance Service	Danice Leal .....	\$5	Boss Electric Corp.
Susan Bailey .....	\$10	AMS, Inc.	Gary Jira .....	\$5	Hellers Mobile Home Washing
Kitty Echln .....	\$10	Debbie's Salon	Shirley Reistl .....	\$5	E & E Gliddon Air Conditioning, Inc.
Fred Guman .....	\$10	Jones & Sons Plumbing, Inc.	Janice Wiglund .....	\$5	Ron Wyngarden Mobile Home Washing
Phil Houpt .....	\$10	Boss Electric Corp.	Sonny Neglia .....	\$5	Just Windows, Inc.
Brian Shumaker .....	\$10	Notebooks Plus	Lorene Hunnell .....	\$5	Mobile Home Depot
Robert E. Green .....	\$10	Air Masters of Pinellas, Inc.	Steven Marshall .....	\$5	Jones & Sons Plumbing, Inc.
Mary Roth .....	\$10	Battleline Termite & Pest Control	Maureen Koebel .....	\$5	Bob's Mobile Home Washing
Herb Hendershot .....	\$5	Hellers Mobile Home Washing	Harriette Reimer .....	\$5	Debbie's Salon
Mary Buzdigian .....	\$5	Modern AC & Appliance Service	Carol Pace .....	\$5	Doll Brothers Carpet Cleaners
Dorothy Mappus .....	\$5	Boss Electric Corp.	Mary Cliff .....	\$5	Suncoast Auto & Tire, Inc
JoAnn Bruce .....	\$5	Royal Enterprises	Becky Zinser .....	\$5	Modern AC & Appliance Service
Charles Grubb .....	\$5	Air Masters of Pinellas, Inc.	Louis Oswalt .....	\$5	Sunset Appliance Service
Madelon Spears .....	\$5	Doll Brothers Carpet Cleaners	Lisa Vchida .....	\$5	AMS, Inc.
Dick Proctor .....	\$5	Battleline Termite & Pest Control	Evelyn Piscopo .....	\$5	Air Masters of Pinellas, Inc.
Mickey Garboy .....	\$5	1st Class Handy Man Service	Vern Demmons .....	\$5	Battleline Termite & Pest Control
Joan Ranta .....	\$5	Royal Enterprises	Lisa Lee .....	\$5	Jones & Sons Plumbing, Inc.
Irina Kremer .....	\$5	Natures Resource Pest Control, Inc.	Linda Reed .....	\$5	Bill the Carpet Guy

• Limit of one ticket per visit • Advertiser may have up to 4 winners per month • Advertiser must have bill paid current to qualify • No purchase necessary • Contest void where prohibited by law • Green tickets available at participating Monthly Media advertisers.

# Golden Crest Homeowners Association 2017 – 2018

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	- Joe Parlato
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## Happiness and sadness

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Three campers were sleeping in the Colorado Rockies one starry night when they suddenly heard a thunderous voice from the sky. The voice commanded them: “Go to the riverbed and pick up some stones. Put them in your backpacks. Do not look at them until morning, and never return to my mountain stream again!”

The campers did as they were told and quickly packed up their campsite. Then they heard the voice again, this time saying, “Tomorrow will be the happiest and the saddest day of your lives.”

As the sun began to brighten the sky, the campers stopped to examine the pebbles in their backpacks. To their amazement, the pebbles had turned to gold. As they celebrated their new wealth, one of them stopped.

“Now I know what the voice meant when it said that this would be both the happiest and the saddest day of our lives.”

“What do you mean?” asked another.

“We have the gold, but think how much richer we would be had we picked even more of the pebbles.”

Often people go through their lives and at some point realize, “There could have been so much more.” They fail to take advantage of all of the opportunities around them, abandoning or wasting the treasures right at their fingertips.



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